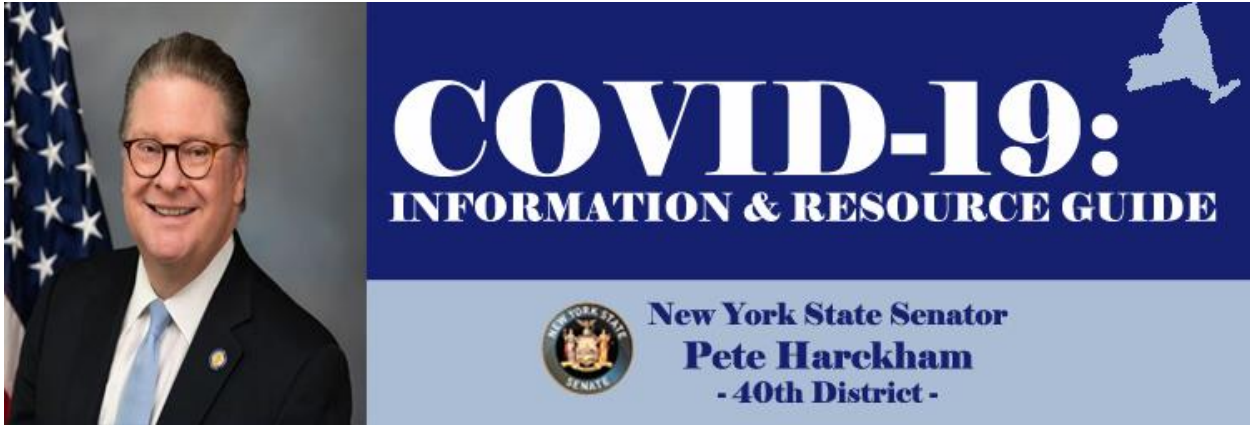




**New York State Senator
Pete Harckham
- 40th District -**



**COVID-19:
INFORMATION
&
RESOURCE
GUIDE
FOR SD-40
CONSTITUENTS**



Introduction

Dear Neighbor;

As we work to continue to respond to the coronavirus pandemic, we have prepared a Covid-19 Information and Resource Guide for your reference. On the pages below you will find information, resources, and contacts that will keep you informed, prepared and, most importantly, safe. During these unprecedented times we must remember to take care of ourselves and our loved ones, especially those who are at the greatest risk during this pandemic.

I hope that you will find this information to be useful and that these resources guide you well. Please note that some of this information will evolve day-by-day. Be sure to stay informed for updates by following our office on social media: @SenatorHarckham on Twitter, @SenatorHarckham on Instagram, and @SenatorPeteHarckham on Facebook.

I assure you that my staff and I will continue to work tirelessly to keep you safe, informed and healthy during this pandemic. Please contact my office at 914-241-4600 or Harckham@nysenate.gov should you need assistance during these challenging times.

New Yorkers are strong and resilient, and we will get through this together.

Sincerely,

A handwritten signature in black ink, appearing to read 'Pete B. Harckham', written in a cursive style.

Pete Harckham
New York State Senator, 40th District

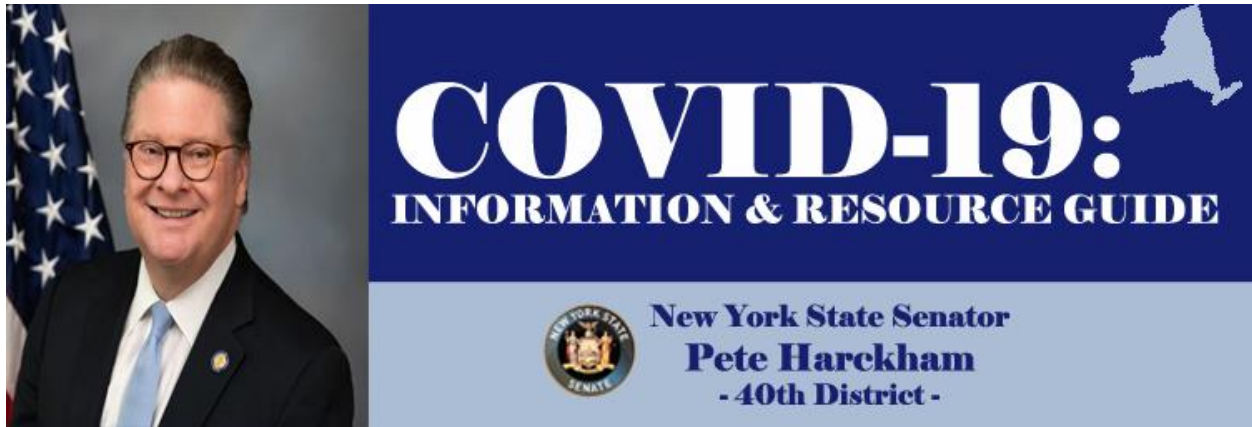
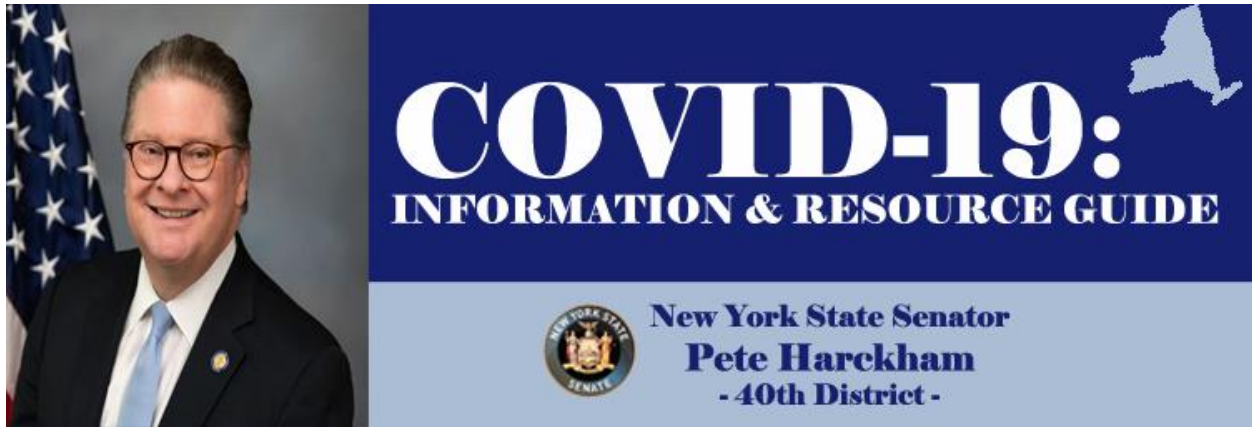


Table of Contents

INTRODUCTION	2
QUICK RESOURCE GUIDE	4
NEWS AND UPDATES	6
LEGISLATIVE ACTIONS.....	6
SEN. HARCKHAM DISTRICT OFFICE UPDATE.....	7
SD-40 COUNTY UPDATES	7
WESTCHESTER	7
PUTNAM.....	7
DUTCHESS	8
RESOURCES FOR SD-40 CONSTITUENTS	8
IMPORTANT PHONE NUMBERS	8
DRIVE THRU TESTING	9
TELE-HEALTH DURING COVID-19	10
FOOD ASSISTANCE	10
HEALTHCARE COSTS.....	13
PRESCRIPTION DRUGS	13
BILLS: UTILITIES, LOAN DEBT & FEES FOR CREDIT CARDS / ATMS.....	13
HOUSING / RENTER UPDATES.....	14
BEHAVIORAL HEALTH	15
VOLUNTEERING AND DONATIONS	16
EMPLOYMENT-RELATED ASSISTANCE	17
SMALL BUSINESS ASSISTANCE.....	18
DOMESTIC VIOLENCE SUPPORT	18
HOSPITALS, NURSING HOMES & SENIOR LIVING FACILITIES	19



PAYING YOUR TAXES 19

PREPARING FOR COVID-19 AND STOPPING THE SPREAD 20

 PREVENTION & CLOSURE UPDATES..... 20

Quick Resource Guide

AGENCIES / INITIATIVES	CONTACT
Senator Harckham's Office	914-241-4600
NYS 24 Hour Hotline	888-364-3065
NYS Covid-19 Emotional Support Hotline	844-863-9314
NYS Price Gouging Hotline	800-697-1220
Labor Violations	212-416-8700 labor.bureau@ag.ny.gov
Westchester County Department of Social Services (DSS)	914-995-3333
Westchester County	(914) 995-2000
Putnam County Department of Health	845-808-1390
Dutchess County Department of Health	845-486-3400
Attorney General's Health Care Hotline	800-428-9071
Attorney General's Labor Bureau	(212) 416-8700
Empire State Development	(212) 803-3100
NYS Domestic Violence and Sexual Violence Hotline	1-800-942-6906
Domestic Violence Support Text Number	844-997-2121
The United Way of Westchester and Putnam Helpline	211
Catholic Charities	(845) 279-5276
Community Food Pantry of Mohegan Lake	914-528-3972
Bethel Baptist Church Food Pantry	914-241-7151
Food Pantry: Salvation Army Peekskill FP	914-737-0280

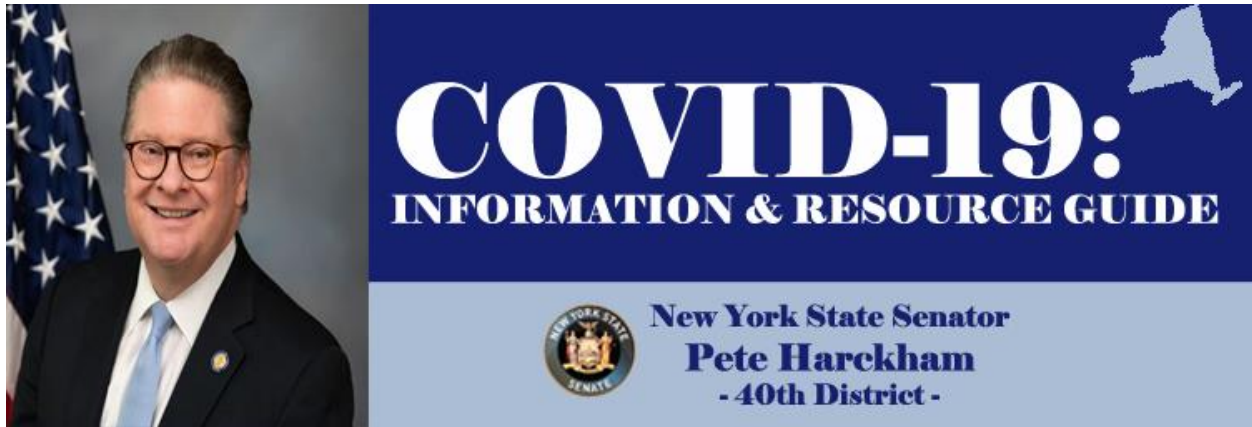


COVID-19: INFORMATION & RESOURCE GUIDE



New York State Senator
Pete Harekham
- 40th District -

Food Pantry: Interfaith Emergency Food Pantry	914-769-3944
Food Pantry: Salvation Army Tarrytown	914-631-9871
Food Pantry: Croton-Cortlandt FP	914-271-1422
Food Pantry: Community Center of Northern Westchester FP	914-232-6572
Hot Meal Program: Loaves & Fishes Soup Kitchen	914-271-4154
St. John the Evangelist Food Pantry	845-628-2006
Gilead Food Pantry	845-225-4586
Salvation Army – East Putnam Food Pantry	845-808-1500
Brewster Community Food Pantry	914-649-8002
Community Resource Service Center	845-855-3459
Supplemental Nutrition Assistance Program (SNAP)	1-800-342-3009
New York State of Health	800-453-4666
OAG Hotline	800-771-7755
Legal Services of the Hudson Valley	877-574-8529
Westchester Jewish Community Services	(914) 737-7338
Behavioral Health Center	(914) 493-7088
Mental Health Association in Putnam	(845) 278-7600
Carmel Psychological Associates of Carmel Hamlet	(845) 279-5908
Mental Health America of Dutchess County	(845) 473-2500
Dutchess County Department of Behavioral & Community Health	(845) 486-3400
OASAS Hotline	1-877-8-HOPENY or Text: 467369
Domestic Violence Support Text Number	844-997-2121
Hope's Door 24/7 Hotline	888-438-8700
My Sister's Place 24/7 Hotline	800-298-7233
Pace Women's Justice Center	914-287-0739



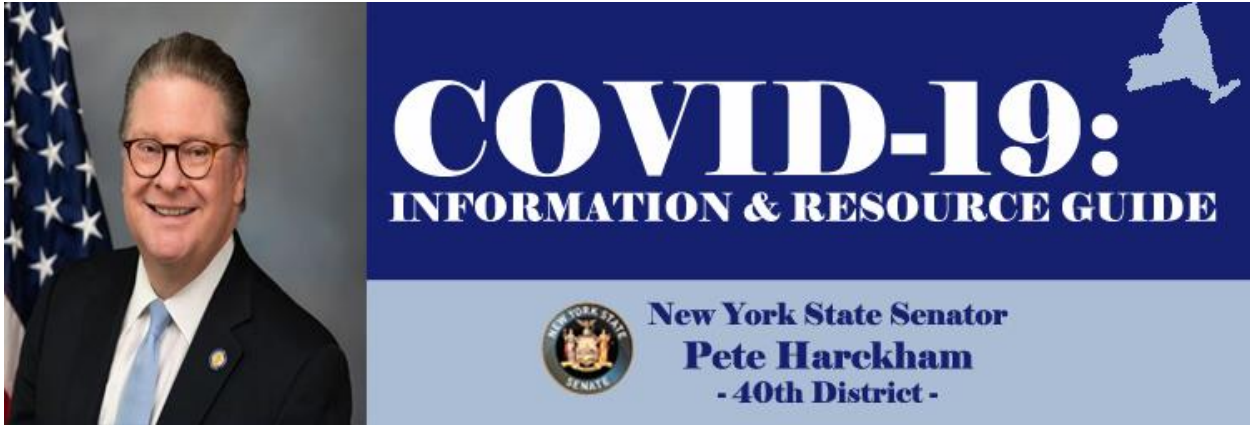
NEWS AND UPDATES

Legislative Actions

The State Legislature passed a bill allocating \$40 million to fund response efforts to the coronavirus, which will allow the State to hire additional staff and obtain necessary equipment and resources. The Legislature also passed legislation (S.8091) that will assure up to 14 days of paid leave for employees subject to a mandatory or precautionary quarantine or isolation for Covid-19. Learn more in the **EMPLOYMENT-RELATED ASSISTANCE** area below.

I am proud that I was able to work with my Senate colleagues in our passage of the 2020-2021 New York State Budget. Below are some of the fiscal accomplishments we were able to secure in the fight against the Covid-19 pandemic:

- Allocated \$4 billion in State funds to address the Covid-19 public health emergency in a Special Emergency Appropriation.
- Assigned \$25 Billion in Federal appropriations to address the Covid-19 public health emergency in a Special Federal Emergency Appropriation.
- Provided limited liability for healthcare professionals, health care facilities, and organizations that have donated their facilities for the Covid-19 pandemic response. This limited liability applies to any health care services where the professional or facility's response to the outbreak and in support of the State's directives has impacted treatment.
- Established a Public Health Emergency Charitable Trust Fund to take donations to the State made to specifically deal with the Covid-19 crisis.
- Delivered an additional \$200 million for Public Security and Emergency Response for the fiscal year



Sen. Harckham District Office Update

My Peekskill district office and Carmel satellite office will be closed to in-person visits until further notice, but be rest assured that my staff and I will be working remotely to provide continuous service to constituents via phone and email. We can be reached during regular business hours, Monday through Friday, 9:00 a.m. to 5:00 p.m., by calling our Peekskill office at (914) 241-4600. As always, you can email me at: harckham@nysenate.gov.

SD-40 COUNTY UPDATES

Westchester: County Executive George Latimer has declared a [State of Emergency](#). This will allow the County to take more expedient measures in response to Covid-19 pandemic currently facing our entire nation. The County Executive has made the decision to close all public schools in Westchester. To learn more, go [HERE](#).

Westchester County Department of Social Services (DSS) Offices remain open for emergency walk-in assistance as needed, using appropriate social distancing.

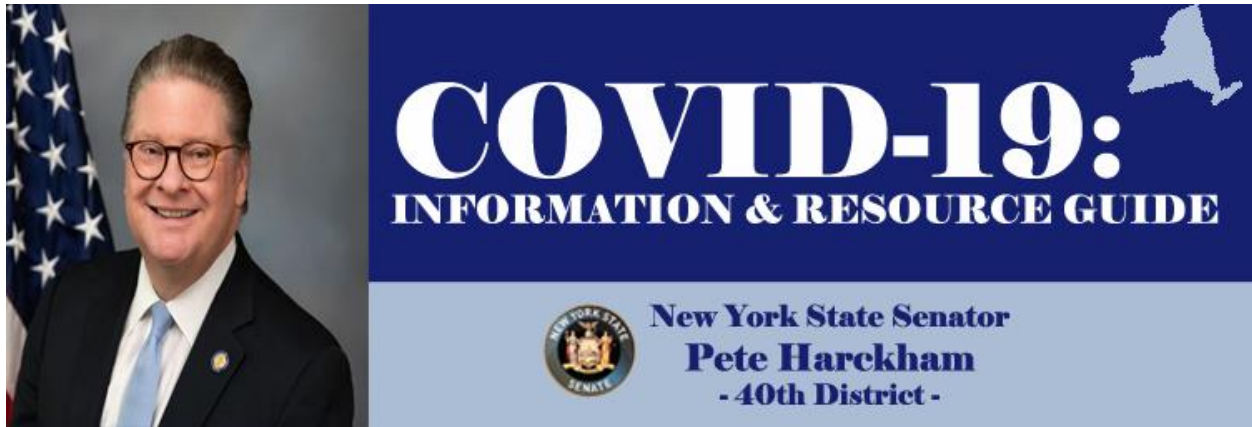
- Whenever possible, in-person contact has been eliminated, and instead there is a greater focus on phone and internet communication
- Westchester residents in need of benefits can apply online through [here](#). **For more information, please call 914-995-3333, Monday through Friday from 8:30 AM to 5:00 PM.**

Westchester County's support shelters are fully operational, and emergency housing units have been set aside.

All housing is maintained following CDC guidelines and clients are screened and moved to isolation or hospitalization if necessary.

Westchester County DOH: [FIND LINK HERE](#)

Putnam: [County Executive MaryEllen Odell declares State of Emergency and issues an Emergency Order to close all schools in the County to help prevent the spread of the COVID-19 virus.](#)



Putnam County has established a website to provide residents with the latest information about coronavirus: <https://www.putnamcountyny.com/health/coronavirus/>


Putnam County DOH: [FIND LINK HERE](#)


Dutchess: County Executive Marcus J. Molinaro declared a [State of Emergency for Dutchess County](#).


Dutchess County DOH: [FIND LINK HERE](#)


RESOURCES FOR SD-40 CONSTITUENTS


Important Phone Numbers


 NYS Dept. of Health's 24-hour hotline for questions about health / concerns, testing, and travel: (888) 364-3065

 Issues with insurance coverage, Attorney General's Health Care Hotline:
(800) 428-9071

 Coronavirus workplace leave issues, Attorney General's Labor Bureau:
(212) 416-8700

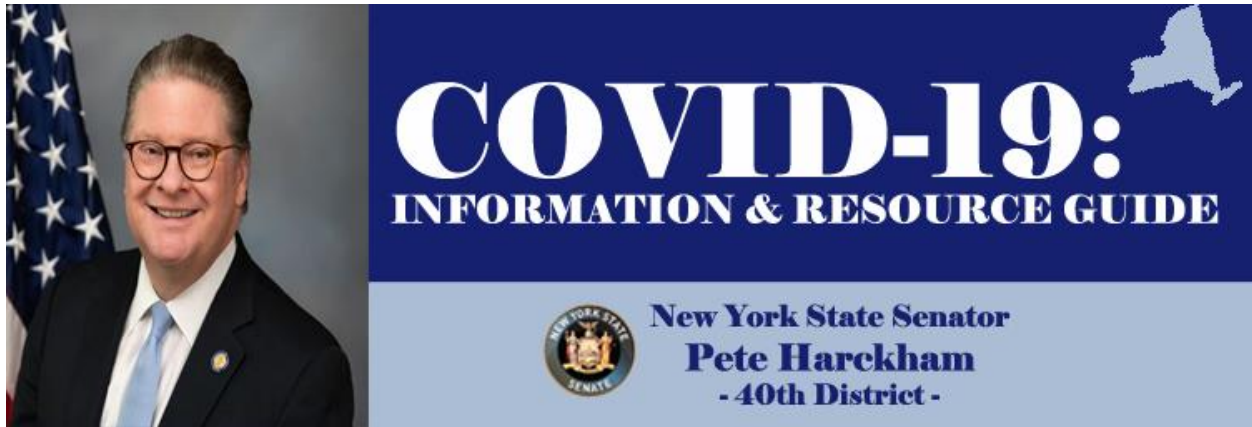
 Any business that cannot accommodate rigorous cleaning standards should contact the Empire State Development for a close order at: (212) 803-3100

 NYS Covid-19 Emotional Support Hotline: (844) 863-9314

 NYS Price Gouging Hotline: (800) 697-1220

 NYS Domestic Violence and Sexual Violence Hotline: 1-800-942-6906

 The United Way of Westchester and Putnam Helpline: 211



Testing Capacity & Drive-Thru Facilities

The U.S. Food and Drug Administration (FDA) has officially approved New York State to authorize 28 labs to begin testing for novel coronavirus. This has already increased capacity from 3,000 to about 20,000 tests per day (as of April 22nd).

Visiting a testing facility, drive-thru or otherwise, is prohibited if you do not have a formal authorization to receive a test. Please read below to see if a physician would grant you authorization.

WHEN SHOULD YOU GET TESTED?

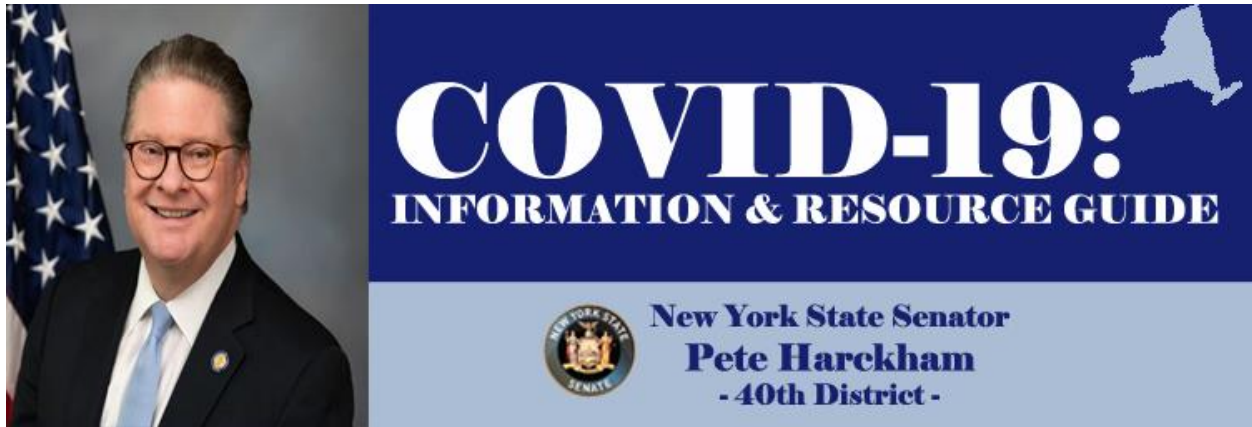
After consulting with counties and providers, The Department of Health issued interim guidance authorizing testing by providers when:

- An individual has come within proximate contact (same classroom, office, or gatherings) of another person known to be positive;
- An individual has traveled to a country that the CDC has issued a Level 2 or Level 3 Travel Health Notice, and shows symptoms of illness;
- An individual is quarantined (mandatory or precautionary) and has shown symptoms of Covid-19 illness; or
- An individual is symptomatic and has not tested positive for any other infection; or
- Other cases where the facts and circumstances warrant, as determined by the treating clinician in consultation with state and local department of health officials.

To be screened for Covid-19 testing, call your doctor or the State Department of Health Covid-19 hotline, which operates 24/7, at 1-888-364-3065.

DRIVE-THRU TESTING FACILITIES

NEW ROCHELLE: Testing is free for all eligible New Yorkers as ordered by a health care provider. There is currently a drive-thru site on Glen Island Park that is serving all of Westchester. The drive-through sites are prioritizing sampling for individuals that are part of the highest risk population. Residents who would like to be tested can make an



appointment by calling **888-364-3065**. **Please make sure you have been authorized to receive a test and made an appointment before visiting.**

DUTCHESS COUNTY: A collection site was announced to open Monday, March 23 at Dutchess Stadium in Fishkill. Samples will be collected and tested off-site.

AROUND NEW YORK STATE: For testing resources for all other counties in New York State, please go [HERE](#).

Tele-Health During Covid-19

If your healthcare provider offers telehealth services, scheduling an online appointment instead of an in-person visit can prevent the accidental transmission of Covid-19. [The State Department of Financial Services will now require insurance companies to waive co-pays for telehealth visits.](#)

Food Assistance

Westchester:

Food Pantry: Salvation Army Peekskill FP

117 Nelson Avenue, Peekskill, NY

Phone: 914-737-0280

Community Food Pantry of Mohegan Lake

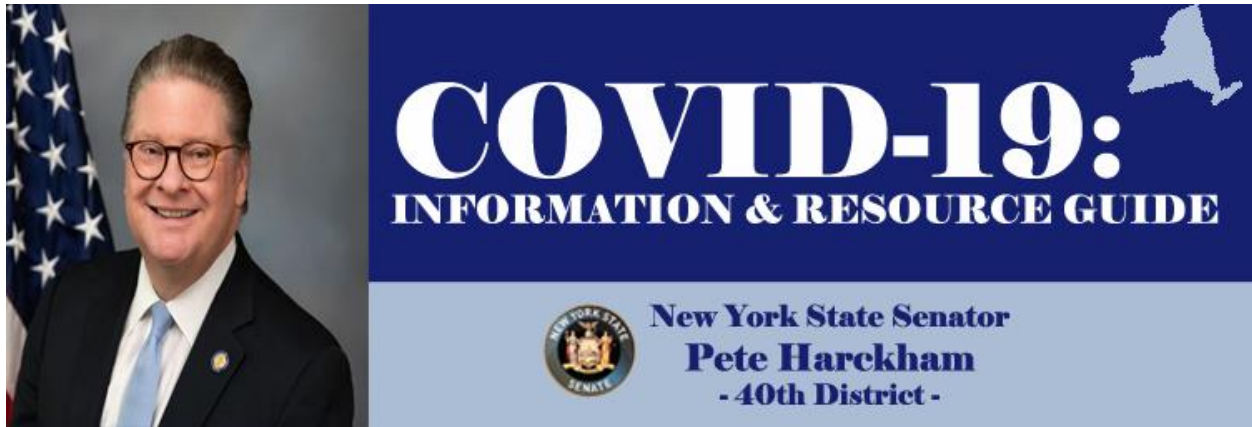
1836 East Main Street, Mohegan Lake, NY

Phone: 914-528-3972

Bethel Baptist Church Food Pantry

106 Maple Avenue, Mount Kisco, NY

Phone: 914-241-7151



Food Pantry: Interfaith Emergency Food Pantry

70 Bedford Road, Pleasantville, NY

Phone: 914-769-3944

Food Pantry: Salvation Army Tarrytown

115 Wildey Street, Tarrytown, NY

Phone: 914-631-9871

Food Pantry: Croton-Cortlandt FP

110 Grand Street, Croton-on-Hudson, NY

Phone: 914-271-1422

Food Pantry: Community Center of Northern Westchester FP

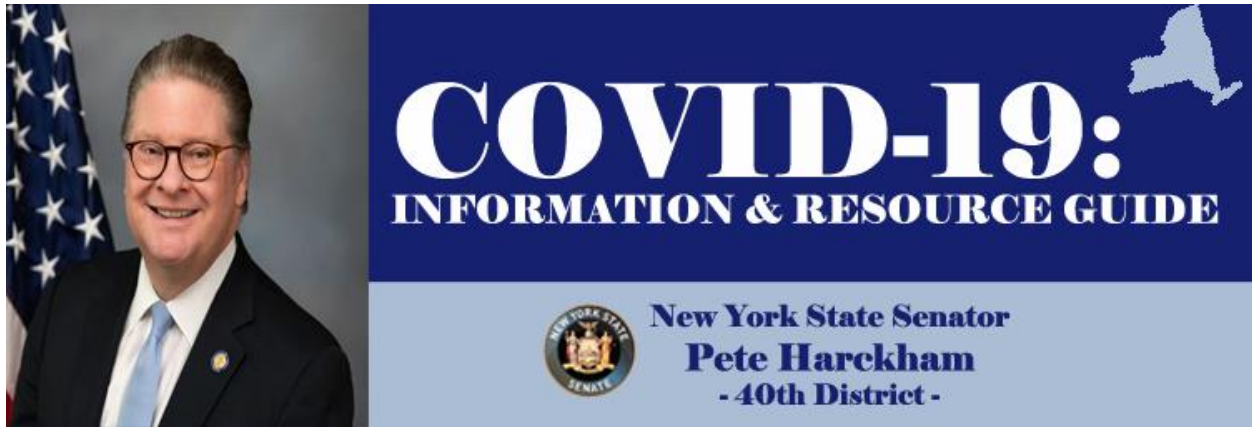
84 Bedford Road, Katonah, NY

Phone: 914-232-6572

Hot Meal Program: Loaves & Fishes Soup Kitchen

7 South Highland Avenue, Ossining, NY

Phone: 914-271-4154



Putnam:

St. John the Evangelist Food Pantry
211 East Lake Boulevard, Mahopac, NY 10541
Phone: 845-628-2006

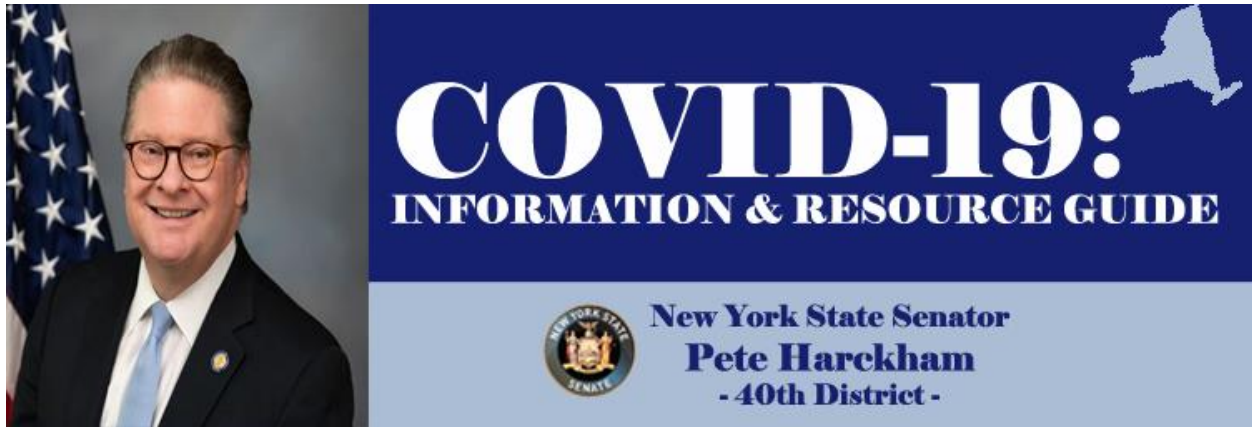
Gilead Food Pantry
9 Church Street, Carmel, NY 10512
Phone: 845-225-4586

Salvation Army – East Putnam Food Pantry
110 Old Route 6, Building #2, Carmel, NY 10512
Phone: 845-808-1500

Brewster Community Food Pantry
10 Park Street, Brewster, NY 10509
Phone: 914-649-8002

Dutchess:

Community Resource Service Center
126 East Main Street, Pawling, NY 12564
Phone: 845-855-3459



New York State:

Apply for the [Supplemental Nutrition Assistance Program \(SNAP\)](#) to help buy healthy food for you and your family when money is tight. You can contact SNAP by calling 1-800-342-3009 or emailing nyspio@otda.ny.gov.

The United Way of Westchester and Putnam also provides food assistance, call their helpline: 211

Healthcare Costs

For uninsured individuals, the [NY State of Health marketplace](#) (New York's Affordable Care Act web portal) has created a special enrollment period through April 15 to ease Covid-19 fears. Coverage will begin April 1, and constituents should call 800-453-4666 or visit nystateofhealth.ny.gov.

Governor Cuomo has directed health insurers to waive cost sharing associated with testing for coronavirus, including emergency room, urgent care, and office visits.

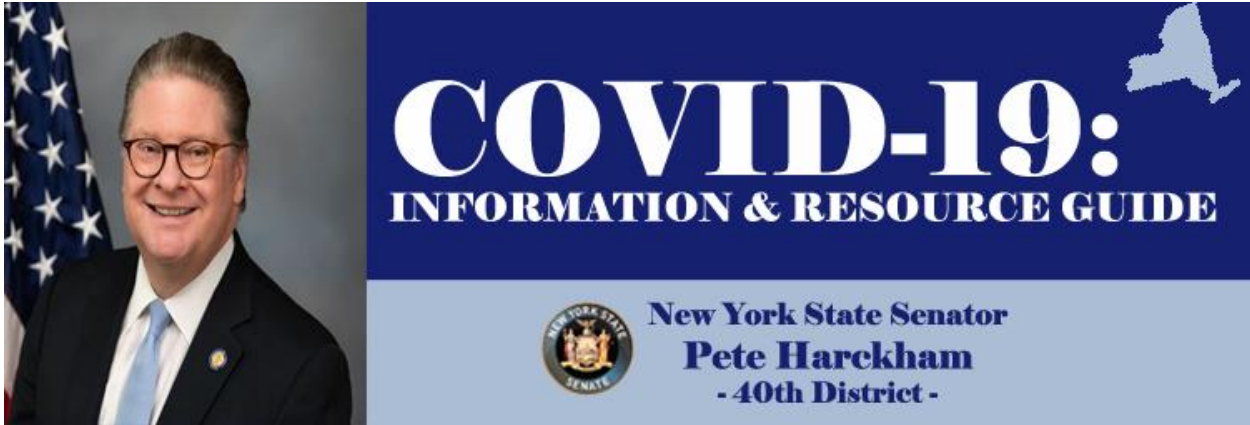
Medicare has also been directed to waive cost-sharing for testing, cost-sharing for coronavirus treatment in doctor's offices or emergency rooms and services delivered via telehealth; remove prior authorization requirements; waive prescription refill limits; relax restrictions on home or mail delivery of prescription drugs; and expand access to certain telehealth services.

Prescription Drugs

In response to supply chain concerns, the Department of Financial Services has directed insurers to provide insurance coverage for off-formulary prescription drugs if there is not a formulary drug available to treat the insured, through a formulary exceptions process as required by law.

Bills: Utilities, Loan Debt & Fees for Credit Cards/ ATMs

The Governor has announced that [utility companies are barred from cutting off service, including power and heat, to customers affected by COVID-19 related illness or layoffs.](#)



[New York State will temporarily halt, for a 30 day period, the collection of medical and student debt owed to the State and referred to the Attorney General's office for collection.](#) These debts include: medical debts owed to state hospitals and veterans' homes, student debts owed to SUNY, and debts owed by individuals, business owners, and homeowners related to oil spill cleanup, property damage, breach of contract, or fees owed to state agencies.

To apply for this temporary relief, [fill out this online form](#) or visit the [OAG's coronavirus website](#) to learn more about the suspension of payments. Individuals that are unable to fill out the online form can call the OAG hotline at (800) 771-7755 to learn more.

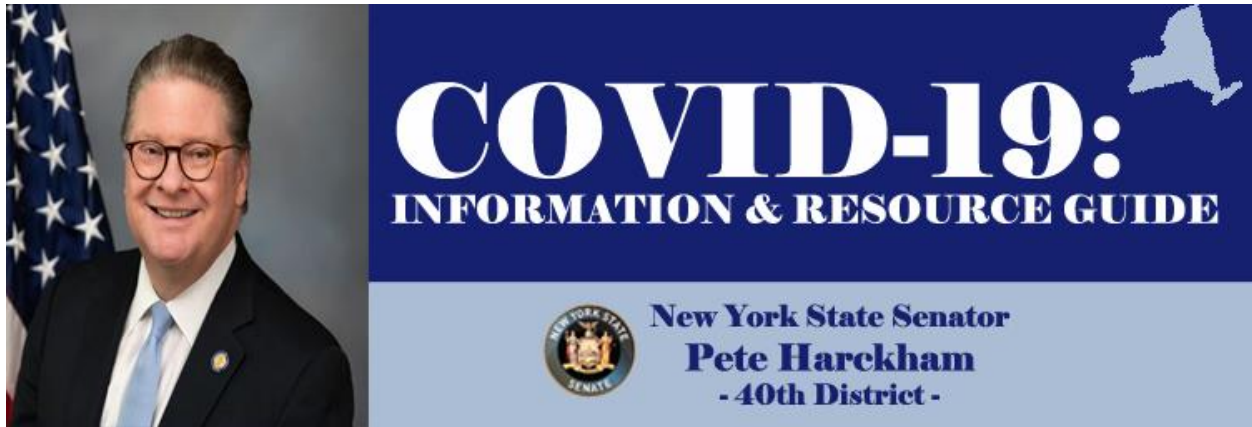
Additionally, the Governor has asked the Department of Financial Services to instruct state chartered banks to [waive ATM fees, late fees, overdraft fees and fees for credit cards](#) to help lessen the financial hardship of the Covid-19 pandemic on New Yorkers.

Housing/Renter Updates

On Friday, March 20, the Governor announced a 90-day moratorium on any residential or commercial evictions. If you're having trouble with a landlord during the Covid-19 outbreak, you can contact Legal Services of the Hudson Valley by calling (877) 574-8529 (Monday to Thursday, 8 a.m. - 6 p.m., Friday 8 a.m. - 4 p.m.), or [visiting them on the web.](#)

The Department of Financial Services has issued a new directive to New York State mortgage servicers to [provide 90-day mortgage relief to mortgage borrowers impacted by the novel coronavirus.](#) The directive includes:

- Waiving mortgage payments based on financial hardship;
- No negative reporting to credit bureaus;
- Grace period for loan modification;
- No late payment fees or online payment fees; and
- Postponing or suspending foreclosures.



Behavioral Health

During these tough times, it is important that you always have the option to talk to someone. I highly recommend calling the NYS Covid-19 Emotional Support Hotline: (844) 863-9314

The list below includes websites and phone numbers for mental health resources for counties in Senate District 40:

Westchester:

Westchester Jewish Community Services: (914) 737-7338

Behavioral Health Center: (914) 493-7088

Westchester County Mental Health <https://mentalhealth.westchestergov.com>

Putnam:

Mental Health Association in Putnam: (845) 278-7600

Carmel Psychological Associates of Carmel Hamlet: (845) 279-5908

Dutchess:

Mental Health America of Dutchess County: (845) 473-2500

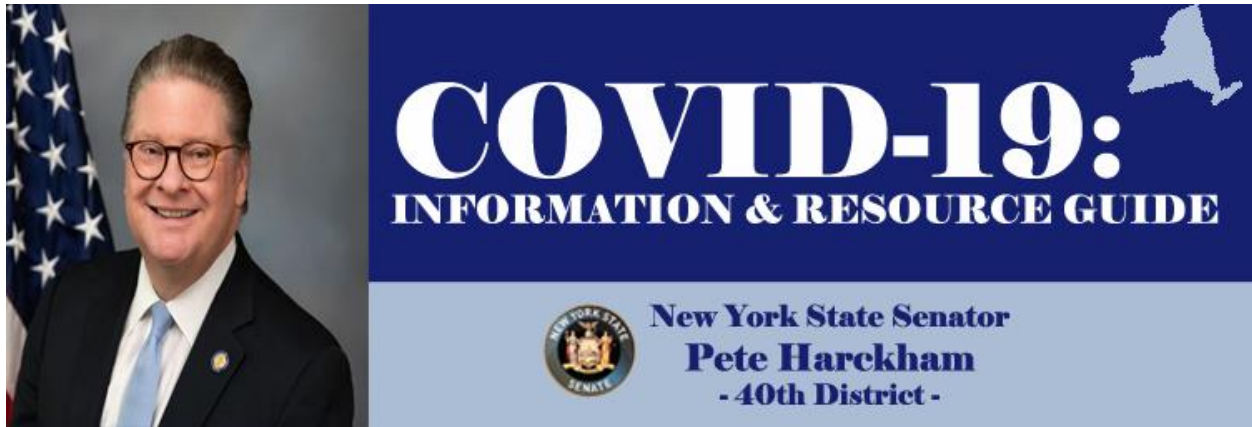
Dutchess County Department of Behavioral & Community Health: (845) 486-3400

Substance Abuse Support

Office of Addiction Services and Supports are offering [services remotely](#).

Call the OASAS Hotline: 1-877-8-HOPENY or Text: 467369

There are still ways to social distance and put yourself on a healthy path towards recovery. WeConnect Health Management is now offering [Free Online Recovery Support Meetings](#) 7+ times a day. Visit their website at weconnectrecovery.com for more information.



Volunteering and Donations

The Department of Health has launched the [New York State COVID-19 Volunteer and Donation Assistance Program](#). You can fill out the form on their website if you wish to offer donated goods, services, or space for use in New York's response to the Covid-19 public health emergency. There is a separate form for any health care professionals who wish to offer their medical services and a separate form for any individual(s) who wishes to offer goods to be sold.

Get Involved: How You Can Help:

<https://coronavirus.health.ny.gov/get-involved-how-you-can-help>

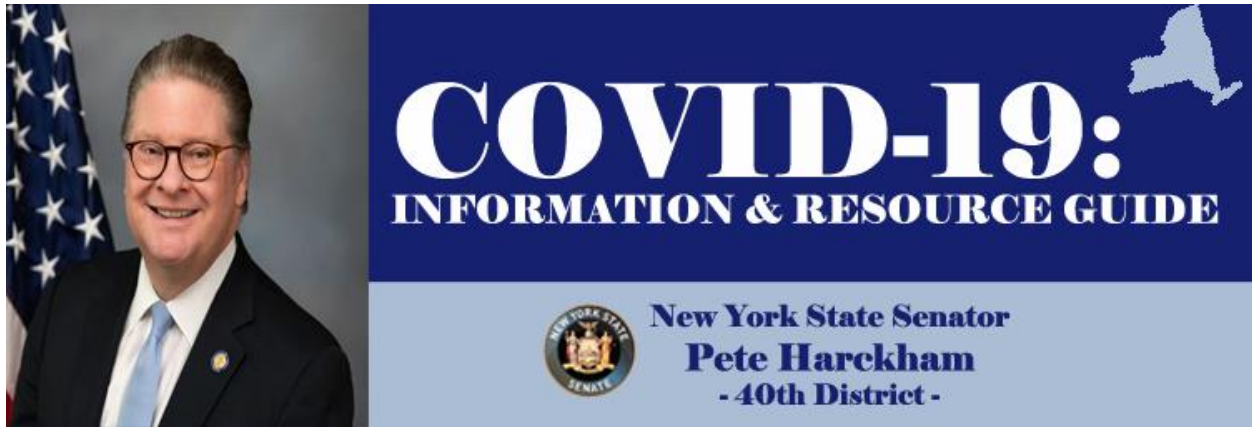
Employment-Related Assistance

The State Legislature passed legislation ([S.8091](#)), signed by Governor Cuomo and effective immediately, that will assure up to 14 days of paid leave for employees subject to a mandatory or precautionary quarantine or isolation for Covid-19.

- For small businesses with ten or fewer employees, the costs of paid leave would be fully covered by the state's paid family leave and temporary disability insurance programs.
- Businesses with between 11 and 99 employees would be responsible for five days of paid leave, with the balance covered by the two state programs.
- Employers with 100 or more employees, along with government institutions, would be responsible for the cost of paid leave for the duration of the two-week required quarantine or isolation period.

New Yorkers who suspect their employer is in violation of either existing labor laws or recently issued executive orders can call (212) 416-8700 or email Labor.Bureau@ag.ny.gov.

For any part-time or full-time employee that has been laid off for Covid-19 related reasons, [the state will waive the 7-day waiting period](#) to qualify for unemployment.



The state will [provide two full weeks of paid leave for all state employees who are subject to a mandatory or precautionary order of quarantine](#) as a result of novel coronavirus. The State Legislature will take action soon on legislation to enable an emergency paid-leave program.

Unemployment:

Unemployment Insurance: Go to labor.ny.gov for more information.

Paid Family Leave: Go to paidfamilyleave.ny.gov/covid19 for more information.

If you are experiencing problems applying for unemployment, contact my office:

(914) 241-4600.

Catholic Charities - (845) 279-5276

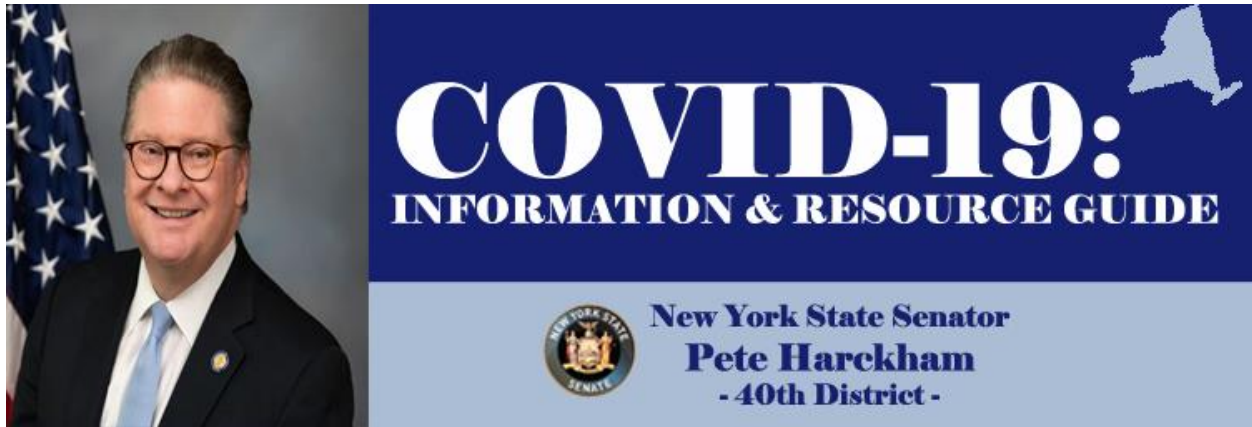
If you are denied benefits from the County, then you should call Catholic Charities. Their turn-around time is 2-3 weeks, but they can provide assistance to people for rent or utilities to those who have been denied.

Small Business Assistance

As of March 19, 2020, New York's small businesses can now apply for assistance through the Federal Small Business Administration's (SBA) disaster assistance loan program to help them weather the impacts of the Covid-19 outbreak. Businesses interested in applying should use the SBA's portal, which can be accessed [HERE](#).

On March 20, the Governor announced sales taxes for business will still be due on the regular deadline, but all late fees and interest will be waived.

[Empire State Development \(ESD\) has set up a guidance page](#) and a [frequently asked questions \(FAQ\) page](#) to help businesses determine whether they are considered an "Essential Business" and if their business is subject to the 100% workforce reduction, mandated under the Governor's recent [New York State on PAUSE executive order](#). If the [FAQ](#) isn't helpful, you can submit questions related to this order [HERE](#). ESD has also created this form for businesses to fill out if they would like to request essential status. Questions regarding the executive order can be emailed to COVID19BusinessWaiver@ESD.ny.gov.



New York State's Department of Labor is urging employers to consider a [Shared Work Program](#), an alternative to laying off workers during business downturns by allowing them to work a reduced work schedule and collect partial Unemployment Insurance benefits for up to 26 weeks. Instead of cutting staff, you can reduce the number of hours of all employees or just certain groups. To learn more, visit [their webpage](#) or go [HERE](#).

Ways You Can Help Local Small Businesses:

- **Buy a gift card.** This will provide owners with immediate cash and it will show your commitment to return to the store.
- **Order out.** Many restaurants still offer take-out and delivery services.
- **Purchase a Virtual Fitness Class:** If your gym is closed- take a virtual fitness or yoga class.
- **Shop Local, but online.** Many local small businesses have online stores and this will allow them to keep revenue flowing.

Domestic Violence Support

You will find the Prevention of Domestic Violence website by visiting opdv.ny.gov. Also, your local hotline can provide you with information on domestic violence resources in your community. For the hotline number of your local domestic violence program, call the New York State Domestic and Sexual Violence Hotline at 1-800-942-6906, English & Español/Multi-language Accessibility. Hearing Impaired: 711

You can text for support, the Domestic Violence Support Text Number is 844-997-2121

In NYC: 1-800-621-HOPE (4673) or dial 311 TDD: 1-800-810-7444

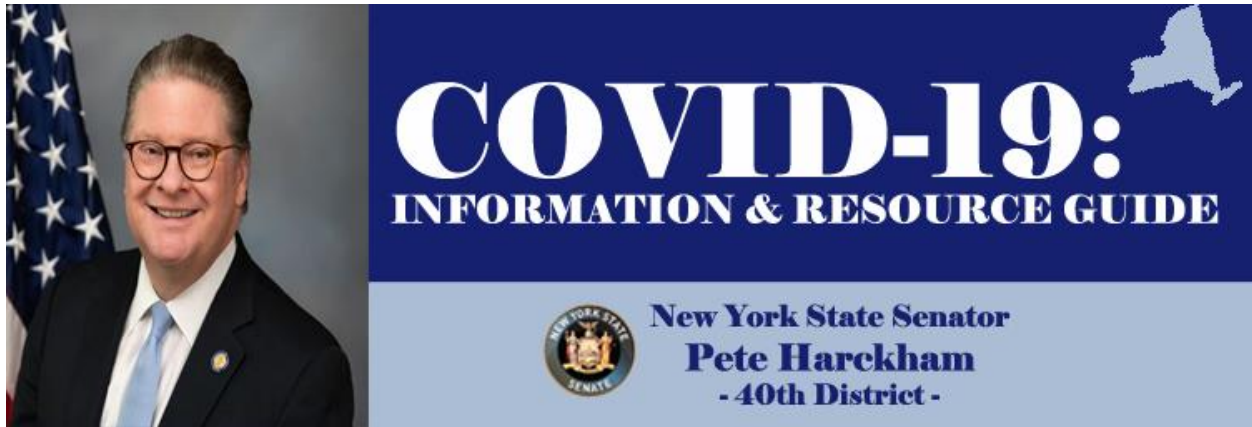
For a listing of domestic violence hotlines by county, go to the [New York State Domestic Violence Directory](#).

Below you find more very helpful resources:

Hope's Door 24/7 Hotline: 888-438-8700

My Sister's Place 24/7 Hotline: 800-298-7233

Pace Women's Justice Center: 914-287-0739



Hospitals, Nursing Homes, & Senior Living Facilities

Hospitals have been asked to cancel all elective surgeries and [the Governor has lifted regulations on hospitals so that they can maximize the use of their space.](#)

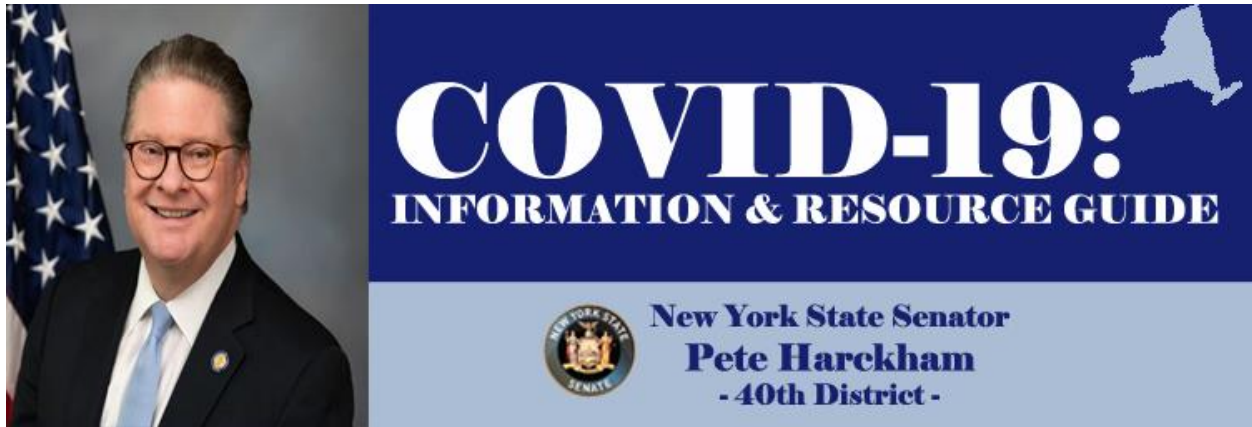
The State has directed nursing homes to prohibit non-medical visits at nursing homes and long-term care facilities until further notice. If you have a family member at a nursing home, you can inquire about the possibility of setting up a Skype or other type of virtual visit. Staff will be screened and will be required to wear face masks to help prevent any spread of the virus.

Paying your taxes

FEDERAL: As part of its coronavirus response, the federal government is moving the income tax filing deadline to July 15, granting taxpayers and businesses an additional three months to file and make payments on up to \$1 million in tax owed.

STATE: The Governor has announced that the deadline to file personal income taxes will be extended for 90 days, until July 15, along with the federal deadline.

WESTCHESTER: If you can demonstrate “taxpayer economic hardship” as defined by the county, you can qualify for a waiver of penalties for late payment of county and county district taxes up to July 15, 2020. Contact your local receiver (town/city/village) if you have any questions.



PREPARING FOR COVID-19 AND STOPPING THE SPREAD

Prevention & Closure Updates

[According to the Centers for Disease Control and Prevention \(CDC\)](#), the best way to prevent illness and potential transmission of this virus is to avoid being exposed to it, and avoid unknowingly transmitting it to others. Remaining six feet apart from others is recommended.

The Governor has signed a ["New York State on PAUSE" executive order](#) to assure uniform safety for everyone throughout the state. **The executive order includes a new directive that all non-essential gatherings of individuals of any size for any reason are temporarily banned in New York State.**

The "New York State on PAUSE" executive order also mandates that, effective at 8 PM on Sunday, March 22, all non-essential businesses statewide must fully close in-office personnel functions. [Empire State Development \(ESD\) has set up a guidance page](#) to help businesses determine whether they are considered an "Essential Business" and if their business is subject to the mandate.

At this point it is important to stay calm and spread the word: People will still have access to most of the businesses we rely on, including grocery stores, healthcare providers, gas stations, pharmacies, banks, restaurants (take-out only), laundromats, public transportation, mail and shipping services, auto repair shops, and other industries critical to the supply chain. View the full list [HERE](#).